



Manor Primary School



PE Curriculum 2024-2026

C1	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
FSt	Body Management	Cooperate & Solve Problems	Manipulation & Coordination	Gymnastics	Dance	Speed Agility Travel
KS1	Unit 1 Gymnastics	Unit 1 Dance	Unit 1 Hit Catch Run	Unit 1 Run Jump Throw	Swimming	Swimming
3/4	Tag Rugby	Dance Unit 1	Gymnastics	Hockey	Badminton	Netball
	Dodgeball	Bench ball	Basketball	Archery	Table tennis	Rounders
5/6	Dance Unit 2	Tag Rugby	Football	Gymnastics	Tennis	Cricket
	Throwing, target, Aiming practice	Wall Bars	Corner ball	Circuit training	Play Equipment	Kurling

C2	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
FSt	Gymnastics	Dance	Speed Agility Travel	Gymnastics	Cooperate and Solve Problems	Manipulation & Coordination
KS1	Unit 2 Gymnastics	Unit 2 Dance	Unit 2 Hit Catch Run	Gymnastics	Unit 2 Run Jump Throw	Swimming
3/4	Football	Dance Unit 2	Gymnastics	Tag Rugby	Tennis	Cricket

	Throwing, target, Aiming practice	Wall Bars	Circuit Training	Gym Equipment	Play Equipment	Kurling
5/6	Tag Rugby	Dance Unit 1	Gymnastics	Football	Badminton	Netball
	Dodgeball	Bench ball	Basketball	Archery	Table tennis	Rounders

Due the two-year cycle, units which appear in both year groups of a phase are sometimes taught together in one year of the cycle to ensure that learning is progressive and builds on experiences. Teachers may revisit parts of units or specific information from previous units with pupils to ensure their full understanding before embarking on the next phase of learning, to ensure pupils have learnt and retained the knowledge needed.