



Manor Primary School Curriculum Statement

Subject: PSHE



Vision Statement for PSHE: our ambition is for pupils to develop an understanding of the ever-changing world in which we live, develop the skills to take an active role in their community, manage their life effectively and develop their ability to independently achieve Maslow's Hierarchy of Needs. We will support them in sharing their thoughts and opinions, ensuring that they are well- equipped with practical knowledge to understand such a complex world. Through a well-balanced curriculum the children will understand not only the biological changes of their bodies but the mental and emotional changes they will experience, and how to cope with these. The children will understand the similarities and differences between them and others and celebrate this with consideration, understanding and empathy.

Intent:

At Manor Primary School we:

- Follow Jigsaw scheme which aligns with the curriculum of the PSHE Association and ensure that this is adapted to fit the needs of the children
- Teach additional lessons such as Stranger Danger, Money and Citizenship as per PSHE Association
- Provide high quality resources and training
- Ensure that everyone upholds the vision
- Provide advice of good practice
- Know the end goal of each year group
- Keep abreast of any national changes, research and initiatives
- Seek support from medical professionals during RHSE (Relationships, Health and Sex Education) unit
- Celebrate additional PSHE topics such as Anti- Bullying Week and Children's Mental Health Week
- Encourage appropriate vocabulary to be used during discussions to help keep young children safe and ensure that they have the appropriate language to use when needed

Implementation:

In Foundation Stage the children complete a 20-minute PSHE lesson as a whole class. The unit they complete is in line with that of the rest of the school. Children will record their discussions, ideas and thoughts as a class in a Reflections log.

From Year 1 to Year 6 the children will be taught PSHE every week for 40 mins using the Jigsaw Scheme of Work, which changes unit each half term. The children record their thoughts, ideas and opinions in their own PSHE journal which is a continuing learning journey for them from Years 1-6. Information for the key knowledge taught in each unit can be found in the Key Knowledge document.

Every Piece has two Learning Intentions, one specific to PSHE (including Relationships and Health Education) and the other designed to develop emotional literacy and social skills. The various teaching and learning activities are engaging and mindful of different learning styles and the need for differentiation and the Early Years (EYFS) planning is aligned to the National Early Years Framework (England).

The topics are:

- Term 1- Being Me in My World- Includes understanding my place in the class, school and global community as well as devising Learning Charters
- Term 2- Celebrating Differences- Includes anti-bullying (cyber and homophobic bullying included) and diversity work
- Term 3- Dreams and Goals- Includes goal-setting, aspirations for yourself and the world and working together
- Term 4- Healthy Me- Includes drugs and alcohol education, self-esteem and confidence as well as healthy lifestyle choices
- Term 5- Relationships- Includes understanding friendship, family and other relationships, conflict resolution and communication skills
- Term 6- Changing Me- Includes sex and relationships education in the context of coping positively with change

The lessons have a recommended structure, which the whole school follows, and additional lessons are added in as appropriate. The session layout is adapted to for different needs as appropriate.

The sequence and structures of the lessons are:

- Lesson 1- 4/5 are based on learning new knowledge and skills
- Lesson 5 or 6 focuses on an outcome project completed individually

The lessons are structured as follows:

- Open my Mind
- Tell Me or Show Me
- Let me Learn
- Help me Reflect

At the end of each lesson the children self-assess their work against an I can statement. Throughout the unit, the understanding of the pupils will be assessed through teacher observations of the children's work and responses throughout the unit. All resources are provided by Jigsaw for each lesson, with other resources being created by teachers as appropriate. There are also a number of Key Stage 1 and Foundation Stage books based on PSHE topics for staff to share with their class.

During our Relationships, Health and Sex Education topic in Terms 5 and 6, the children explore topics surrounding relationships and how online safety and LGBTQ+ fit into this. Parents are advised prior to the term what they are being taught and are informed on their right to withdraw in the Sex lesson taught in Year 6. Our PSHE curriculum during these topics ensures that the children use the appropriate language to describe different parts of themselves and that they know what safe touch is in order to keep them safe.

Every Thursday, in class, the children also complete a Picture News discussion. Each week this resource is delivered with a current news story, an image, a thought-provoking question and a variety of teaching resources.

In addition to the curriculum, we also celebrate special events throughout the year including Children's Mental Health Week, Walk to School Week and Anti-Bullying Week. During these events we complete projects as a whole school and encourage parents to be involved in these too. We also ensure that we cover a range of topics which are pertinent to our school including discussions around Safe Touch, County Lines, Knife Crime and Gangs. In Year 6 the children also receive a visit from the School Nurse to discuss the RHSE topic.

Impact:

- Learning Walks
- Pupil Conference
- Observations
- Work Scrutiny
- Formative Assessment

Action Plan:

- Schedule additional lessons within the Jigsaw Scheme of Work
- Purchase Key Stage 2 PSHE books
- Parental Engagement